

Colonoscopy Cautions

Evaluations before the Colonoscopy Procedure

1. If one has heart diseases, artificial heart valves, or liver failure please mindful that the doctor will use antibiotics during the removal of polyps.
2. If one has a heart rhythm regulator, the doctor will use a special current treatment during the removal of the polyp (A cardiology doctor will be present during the procedure too.)
3. Patients that use aspirin, NSAID, warfarin, Plavix, ginkgo and fish oil needs to stop using these substances 7 days before the Colonoscopy. One can start using these substances again 14 days after the Colonoscopy procedure.
4. Possible complications will commonly happen in the next 7 days. Please do not leave the country so one can be treat them as soon as possible.
5. If the bowel procedure was not done correctly, the removal of polyps might cause some infections. One must keep in mind that if there is still waste in the intestine, one should not proceed with the removal of any polyps.
6. If there are special procedure or equipment used during the surgery, the hospital will charge the fee to your Healthcare IC Card. Please bring the card with you.

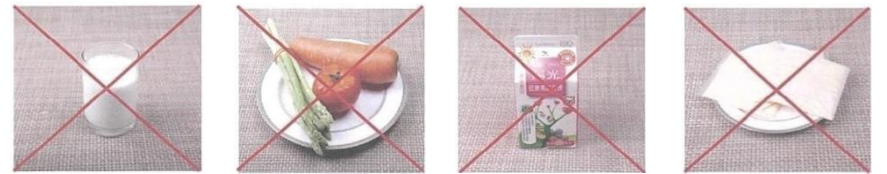
After Colonoscopy

1. After the removal of any polyps, please consume soft food. Avoid any vegetables, fruits, nuts and or do any intense exercise.
2. After the removal of the polyps, please do not travel abroad in 7 days.
3. If your stool contains blood within the first few days, please be aware it is normal. If this keeps happening please contact the hospital.
4. If you suffer severe pain in your belly within the next three days, please contact the hospital immediately.

✂ working time: 08:00AM-05:00PM TEL:(02) 27066575 #207

* after 5:00PM please go to ER

3 consecutive days of low fiber diet (rice, bread, steamed buns, fish, ground meat, pork floss or candies) or liquid diet (porridge or fruit juice without pulp) is recommended before the examination.



Milk

Vegetable and fruits

Soy milk

Dairy products



drink without residue

orange juice without pulp

porridge without residue

After taking GI Klean the final defecation will look like this...

Toilet bowl picture



Not sufficiently clean

clean

Title : Intestine Tests Cautions

Before Anesthesia

1. Please do not wear makeup.
2. Please do not wear nail polish.
3. Please do not wear any fake eye lashes.
4. Please do not wear contact lens.
5. No food is allowed 4 hours before the appointment.

After Anesthesia

1. Do not drive or ride by yourself.
2. Please have an adult to drive you home or call you a taxi cab.
3. In the next 24 hours, please do not make any major decisions, drive, drink alcohol, and do anything that has the potential to injure yourself.
4. After the examination in the next hour, please hydrate yourself. Once you don't feel any nausea, you can start drinking fluids and eating food.
5. If your nausea is not getting better, please inform the hospital for further treatment.

GI Klean for Colonoscopy - Instruction for Use

1. 1day()before examination around 08:30 pm. Pour a bag of GI Klean into 1000 c.c. of cold water and keep stirring until the GI Klean is completely dissolved. Please drink it all in an hour. (around 9:30pm).Drink it completely and move around more. After it please drink a lot of water. (around 1000cc ~1500cc).

2. On the day ()before examination around 03:30 am, pour a bag of GI Klean into 1000c.c of cold water and keep stirring until the GI Klean is completely dissolved. Please drink it all in an hour. (around 04:30am), Drink it completely and move around more.

Please check your commode stool situation is clean with no residue. After 04:30 am you are not allowed to drink and eat.

Caution

@ The UGI examination starts at 07:45 am. Please do not eat and drink anything for 4 hours before the examination.

@ If you want to drink water after the examination in the morning, please ask the nurse before you do so.

Patients should start eating something that is easy to digest and do not eat oily things three days before the examination. If you want to eat vegetables or fruits, please make them into juice.

@ After taking the laxative (GI Klean), patient will have the need to defecate within the next 1 to 2 hours. Please defecate until it looks like watery.

@ If one feels bloated or nauseous after taking GI Klean, patient can stop taking it until the symptoms go away.

@ To avoid hypoglycemia, antidiabetic drug users should suspend their doses on the day before examination and on the day of examination please bring candies.

@ We do have a parking lot and it cost 60NTD/hr. However, if patients are undergoing painless anesthesia, please do not drive cars or ride motorbikes. In considering your safety, the anesthesia doctors do have the right to not administer anesthesia.

* Please feel free to contact us if you have any questions.

* If you can not attend on the day of the examination, please call us to cancel or reschedule the appointment.